

Incredible Indian Tours Upper Mustang 4WD Tour

**15 Days ex Kathmandu
Dates 15-29 October 2020**



Maximum Group Size 10

Accommodation 14 nights hotels/trekking lodges

Transport Airport transfers, Domestic flights Kathmandu-Pokhara return and Jomsom-Pokhara. 4wd Land Rover from Pokhara to Lo Manthang to Jomsom in Upper Mustang

Meals 14 breakfasts, 8 lunches, 8 dinners

Entrance Fees Included for all sites visited as part of the itinerary

Permit Fees Included for ACAP and Upper Mustang areas.

Gratuities Included for all guides/porters/drivers

Starts in Kathmandu on Thursday 15th October 2020

Finishes in Kathmandu Thursday 29th October 2020

Cost USD 4490 per person twin share (USD 4820 including *Optional Single Supplement*)

Have you ever dreamt of visiting one of the last hidden kingdoms - a Shangri La in the Himalayas? Upper Mustang was a separate kingdom until 2008 and opened to foreigners in only 1992 and still retains its unique Tibetan culture bred over millennia. The high desert rain shadow of Himalayas receives very little rainfall making this region dry and parched, similar to the bordering Tibetan Plateau. With an amazing culture, stark and stunning landscape, nomadic communities and more to experience, this journey will offer you the rare privilege to visit the exotic land beyond the Himalayas.

ITINERARY

Day 1 Kathmandu (D)

Arrival Day. We meet at 6pm to have a brief chat about our tour before heading out to dinner.

Day 2 Kathmandu (B)

We spend the day sightseeing in the Kathmandu Valley and ensuring we have everything necessary for our Upper Mustang trip.

Day 3 Pokhara (B)

We take a short flight to Nepal's second city - Pokhara, gateway to the Annapurna and Mustang regions.

Day 4 Marpha (B L D) (2650m)

We begin our 4wd adventure into the mountains with an eight hour drive through the depths of the Kali Gandaki gorge to Marpha, famous as the apple-growing capital of Nepal.

Day 5 Kagbeni (B L D) (2810m)

After exploring the village of Marpha, we drive to Kagbeni (1.5 hours), the entrance point to Upper Mustang via Muktinath (3800m) where we visit the popular Hindu and Buddhist pilgrimage sites.

Day 6 Charang (B L D) (3570)

5-6 hours drive to Charang. Part of the way can be hiked as an option.

Day 7 Charang (B L D) (3570)

We have an acclimatisation day here in Charang before heading higher into Upper Mustang.

Day 8 Lo Manthang (B L D) (3730m)

2-3 hours drive via Ghar Gumpa to explore the ancient monastery.

Day 9 Lo Manthang (B L D) (3730m)

We visit the monasteries and walled town of Lo Manthang and in the afternoon, we take a drive to the ancient Chossar cave and perhaps the Tibetan border.

Day 10 Chuksang (B L D) (2920m)

5-6 hours drive via Samar and Chele with an option for a trek to Chungsi Caves.

Day 11 Jomsom (B L D) (2713m)

3-4 hours drive to Jomsom with a visit to the village of Thini and Dumba Lake in the afternoon.

Day 12 Pokhara (B)

We take an early morning flight back to Pokhara, with the afternoon free to relax, sightsee or shop.

Day 13 Pokhara (B)

We have a half day sightseeing tour of Pokhara, with the afternoon free to relax, sightsee or shop.

Day 14 Kathmandu (B D)

We take a short flight back to Kathmandu. We finish the trip with a farewell dinner at one of Thamel's fabulous Nepalese or western restaurants.

Day 15 Departure Day

There are no organised activities today. You are free to depart at any time.