



Tibet - Everest Base Camp- Kathmandu

9 days 8 nights

Day 1: Fly in Lhasa After breakfast transfer to Kathmandu International Airport and fly to Lhasa by China South West Airline (1:00 hour) Everest panorama flight. Our agent from Lhasa will meet you at airport and transfer to selected hotel in Lhasa (2:00 hours) during flight Kathmandu-Lhasa gives you magnificent view of Mt. Everest, Kanchenjunga, Shisapanga, Langtang, you will be able to see more than 100 snow capped peaks. You will also see Yarlung Tsangpo River, Lake Yamdrok and Lhasa valley. acclimatization day in Lhasa

Overnight Hotel

Day 2: Sightseeing in Lhasa starting with the majestic Potala palace dominating the Lhasa skyline and the residence of the Dalai Lamas. Jokhang, the central cathedral is the spiritual heart of Lhasa and its most sacred temple. Encircling the Jokhang Temple is the bustling and the 1300 year old Jokhang Temple fascinating Barkhor market and the devotional pilgrim circumambulation circuit.

Overnight Hotel

Day 3: Sightseeing in Lhasa in the old and new quarters. Guided sightseeing tour of Potala, the winter palace of the Dalai Lama; Drepung, the biggest monastic university of Tibet & Nechung Monastery, temple of the State oracle of Tibet.

Overnight Hotel

Day 4: Lhasa – Gyantse (3650m)-260km. 8 hours drive takes you to crossing the Karolapass (5010m) and Kamabala Pass (4795m). The Karola climbs between two lofty mountains, Nozing Khangsa (7223m) and Ralung (6236m) while driving you will see the Yamdrok Tso (Turquoise lake) which takes approx. 1 hour. After passing Kambala, Lhasa Valley is seen to the north. You will also cross the Brahmaputra River. Reaching Lhasa and check in hotel. The accompanied guide will also reconfirm you onward airline ticket here.

Overnight Hotel

Day 5: Gyantse – Xigatse (3950m)-90KM. After visiting Tashilunpo Monastery in the morning including the Bazaar of Xigatse, drive to Gyantse which is 2 hrs Gyantse is small bustling town steeped in history. It lies 264 km South West of Lhasa on the northern bank of Nyang Chu river. In the 15th century it served as the capital of small kingdom. Visit Kumbum Chorten and Phklkor Monastery which was built around 1400 AD it later become the main centre for trade with British India.

Overnight Hotel

Day 6: Xigatse - Xegar (3800m) 210 kms. Lhatze is 6/7 hrs away over a 5220 m. After a short stop you will reach Xigatse, the place of the famous Tashilumpo Monastery the seat of Panchen Lama until his death in 1989 with its huge Thangka wall clearly visible on north side of the road.

Overnight Guest House

Day 7: Xegar – Rumbuk (120 Km. 2/3 Hours 4980 M.) This day is you will find Shangrila, and National Everest National Park Conservation will stop there your jeep and will take a bus ride to Rumbuk. Each person has to pay US\$ 10 directly to enter Everest National Park.

Overnight Guest House

Day 8: Visit Everest Base Camp in the morning Rumbuk - Nyalam- (3650M)- 341 km. From Zhangmu or Nyalam, the road follows the Bhote Koshi river in a deep valley with plenty of waterfalls. After 1.5 hr drive bring us to Nyalam Pass (3800 m) with the Jugal Himal in view, drive via Lalungla (5050m) will bring us in view of Mt Langtang (7245m), Mt. Xixapangma (8013m) and Mt. Dorje Lakpa (6980m), Mt Makalu (8464m), Mt. Everest (8848m), Mt. Lhotse (8516m) and Mt. Chooyu (8201m).

Overnight Guest House

Day 9: Nyalam - Kathmandu (3600 M)-154 Km. Departure early morning to reach KODARI (China/Nepal Boarder). (25 km 2 hours) Further half hour. drive by truck/same bus/jeep to friendship bridge where after completion of Immigration formalities all check drive to Kathmandu (4 hours). Arrangement ends

COST A\$1,495 per person twin share, single supplement A\$250

Includes:

- Transfer hotel Kathmandu International Airport.
- Flight-Kathmandu Lhasa,
- Lhasa airport pick-up service
- All transfer by private jeep/Van
- Sightseeing in Lhasa and in route
- Budget hotel in Lhasa and lodge accommodation along the way two in sharing basis with breakfast.
- Monastery entrance fees
- One English speaking guide for all tour
- Tibet travel permit and group visa
- Permit for Everest Base Camp group visa etc.

Excludes

- Meals,
- Personal expenses,
- Airport tax,
- Everest National Park Permit
- Travel Insurance,
- Emergency visa fees
- Tips
- Porter fee etc in case of land slide